# **Chapter 3: Quantifying the Extent of Disease**

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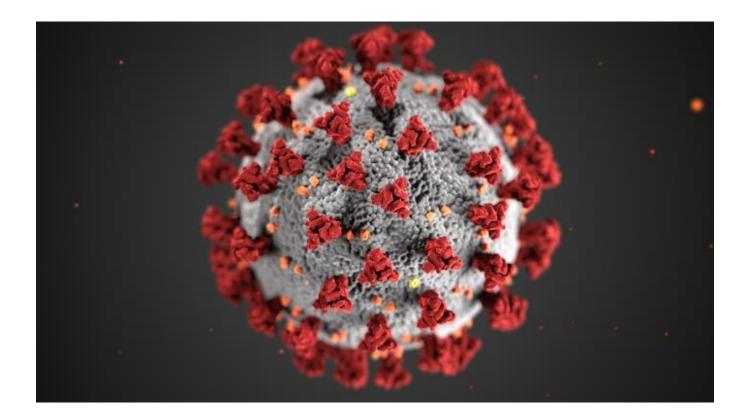


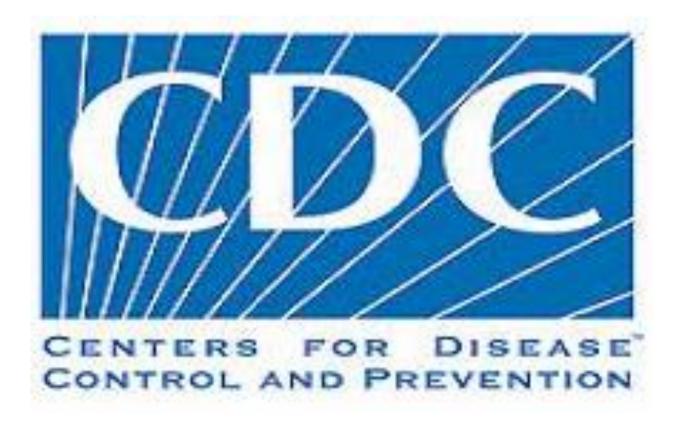
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When a health-related agency report a disease, they use certain terms.

The objective of this chapter is to review and understand these terms.





https://phil.cdc.gov/Details.aspx?pid=23311

https://iphce.org/acadp\_listings/public-health-image-library-phil-database/

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**Prevalence** refers to the proportion of participants with disease at a particular point in time.

An estimate of the prevalence of disease at baseline is

Number of persons with disease Point Prevalence = — Number of persons examined at baseline







**Example 3.1** Computing Prevalence of Cardiovascular Disease (CVD)

T	ABLE 3	-1 Men an	d Women with [	iagnosed CVD
		Free of CVD	History of CVD	Total
1	Men	1548	244	1792
١	Women	1872	135	2007
1	Fotal	3420	379	3799

Prevalence =

Prevalence of CVD =  $379/3799 = 0.0998 \rightarrow 9.98\%$ 

Prevalence of CVD in Men =  $244/1792 = 0.1362 \rightarrow 13.62\%$ 

Prevalence of CVD in Women =  $135/2007 = 0.0673 \rightarrow 6.73\%$ 

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## # with disease





A question, we may like to ask is

What are the risk factors behind the disease?

In other words, what are the characteristics of the population within which the prevalence of the disease is high?







Data on H1N1 outbreak in La Gloria, Mexico: n = 1575 villagers (out of 2155) were surveyed to determine if they had influenza-like illness (ILI) between 2/15/09 and 4/27/09.

Age	No ILI	ILI	Total
≤ 44 years	703	522	1225
> 44 years	256	94	350
Total	959	616	1575





Age	No ILI	ILI	Total
≤ 44 years	703	522	1225
> 44 years	256	94	350
Total	959	616	1575

Prevalence =

Prevalence of ILI = 616/1575 = 0.3911  $\rightarrow$  39.11% Prevalence of ILI in  $\leq$  44 = 522/1225 = 0.4261  $\rightarrow$  42.61% Prevalence of ILI in > 44 = 94/350 = 0.2686  $\rightarrow$  26.86%



### influenza-like illness

## $= \frac{\# \text{ with disease}}{\# \text{ examined at baseline}}$



**Incidence** reflects the likelihood of developing disease among a group of participants free of the disease who are at risk of developing the disease over a specified observation period.

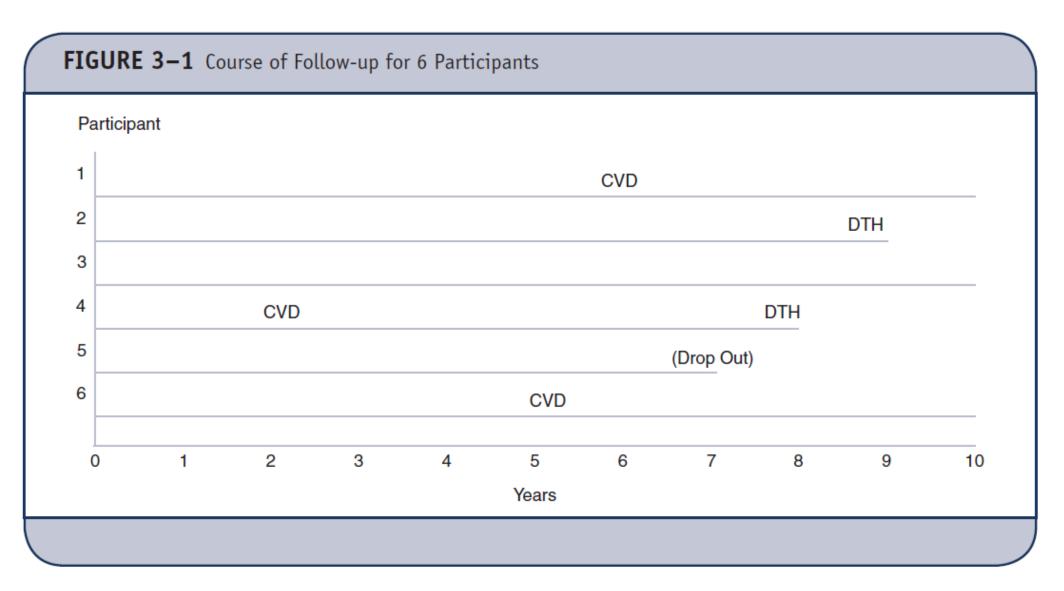
Cumulative Incidence =  $\frac{\text{Number of persons who develop disease during a specified period}}{\frac{1}{1000}}$ Number of persons at risk at baseline

Incidence Rate =  $\frac{\text{Number of persons who develop disease during a specified period}}{\frac{1}{1000}}$ Sum of the lengths of time during which persons are disease-free





## Incidence of CVD?



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### Cardiovascular Disease



**Incidence Rate** (IR) uses all available information and is computed by taking the ratio of the number of new cases to the total follow-up time.

Number of persons who develop disease during a specified period Incidence Rate = -Sum of the lengths of time during which persons are disease-free







```
Incidence of CVD?
```

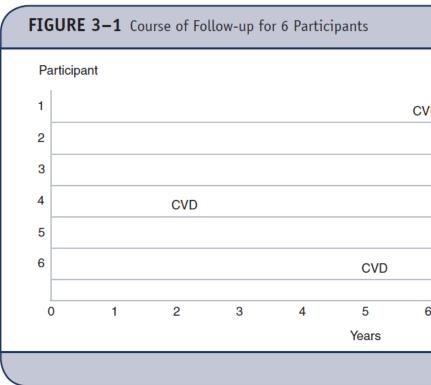
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Incidence Rate of CVD

IR = 3/(6+9+10+2+7+5)

IR = 3/39

IR = 0.0769
```

## 7.7 per 100 person-years





### Cardiovascular Disease

/D				
			DTH	
		DTH		
	(Drop Out)			
6	7	8	9	10



## Computing incidence

	Develop CVD	Total Follow-Up Time (years)
Men	190	9984
Women	119	12153
Total	309	22137

Incidence Rate of CVD in Men = 190/9984 = 0.01903

= 190 per 10,000 person-years

Incidence Rate of CVD in Women = 119/12153 = 0.00979

= 98 per 10,000 person-years

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### Cardiovascular Disease

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## Computing incidence

Incidence Rate = –

			Sum
	Developed ILI	Total Follow-Up Time (years)	whic
≤ 44 years	522	20,064	
> 44 years	94	3,514	
Total	616	23,578	

Incidence Rate of ILI in  $\leq 44 = 522/20064 = 0.0260$ 

= 260 per 10,000 person-years

Incidence Rate of ILI in > 44 = 94/3514 = 0.0268

= 268 per 10,000 person-years



### influenza-like illness

### Number of persons who develop disease during a specified period Sum of the lengths of time during ich persons are disease-free



Risk Difference (excess risk)

 $RD = \text{Prevalence}_{\text{exposed}} - \text{Prevalence}_{\text{unexposed}}$  $RD = \text{Cumulative Incidence}_{\text{exposed}} - \text{Cumulative Incidence}_{\text{unexposed}}$  $RD = \text{Incidence Rate}_{\text{exposed}} - \text{Incidence Rate}_{\text{unexposed}}$ 

Prevalence =







Risk Difference of prevalent CVD in smokers versus nonsmokers

 $RD = Prevalence_{smokers} - Prevalence_{nonsmokers}$ 

<b>TABLE 3–2</b> Smoking and Diagnosed CVD						
	Free of CVD	History of CVD	Total			
Nonsmoker	2757	298	3055			
Current smoker	663	81	744			
Total	3420	379	3799			

Prevalence =

RD = 81/744 - 298/3055 = 0.1089 - 0.0975 = 0.0114



### Cardiovascular Disease



Population Attributable Risk (PAR) of CVD in Smokers vs. Nonsmokers

Prevalence<sub>overall</sub> – Prevalence<sub>nonsmokers</sub> PAR =Prevalence<sub>overall</sub>

<b>TABLE 3–2</b> Smoking and Diagnosed CVD						
	Free of CVD	History of CVD	Total			
Nonsmoker	2757	298	3055			
Current smoker	663	81	744			
Total	3420	379	3799			

Prevalence =

PAR = (0.0998 - 0.0975) / 0.0998 = 0.023 = 2.3%



### Cardiovascular Disease



Risk Difference (RD) of history of ILI in males and females in La Gloria

 $RD = Prevalence_{Females} - Prevalence_{Males}$ 

	No ILI	ILI	Total
Males	517	260	777
Females	442	356	798
Total	959	616	1575

Prevalence =

= 356/798 - 260/777 = 0.4461 - 0.3346 = 0.1115



influenza-like illness



Relative Risk (RR)

 $RR = \frac{\text{Prevalence}_{\text{exposed}}}{\text{Prevalence}_{\text{unexposed}}}$ 

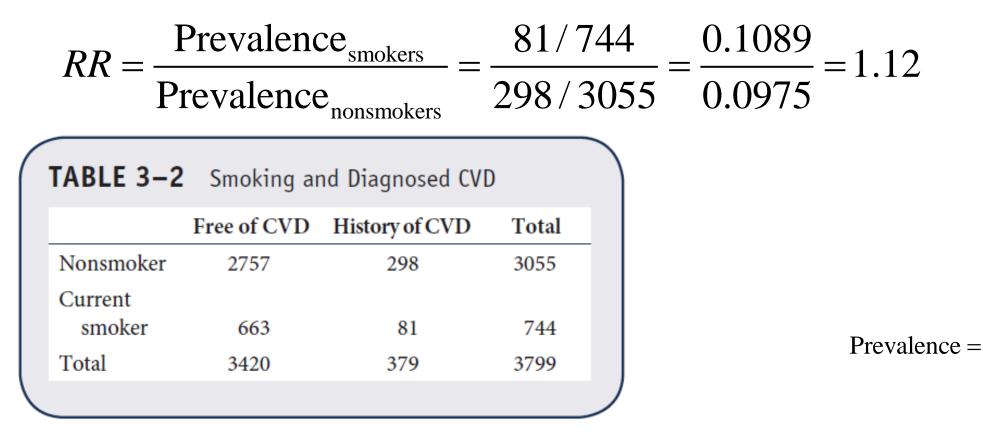
Prevalence = -

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Relative Risk (RR) of CVD in smokers versus nonsmokers



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## # with disease

### # examined at baseline



Relative Risk (RR) of ILI in females vs. males

$$RR = \frac{\text{Prevalence}_{females}}{\text{Prevalence}_{males}} = \frac{356 / 798}{260 / 777} = \frac{0.4461}{0.3346} = 1.33$$

	No ILI	ILI	Total
Males	517	260	777
Females	442	356	798
Total	959	616	1575

Prevalence =

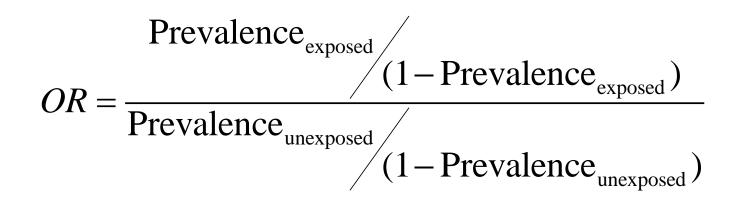
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### influenza-like illness



Odds Ratio (OR) is computed as a measure of effect.



Prevalence =

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### # with disease # examined at baseline

### 21

Odds Ratio of CVD in hypertensives vs. non-hypertensives.

$$OR = \frac{\frac{181/840}{(1-181/840)}}{\frac{188/2942}{(1-188/2942)}} = \frac{\frac{0.275}{0.725}}{\frac{0.068}{0.932}} = 4.04$$

<b>TABLE 3–5</b> Prevalent Hypertension and Prevalent CVD							
	No CVD	CVD	Total				
No hypertension	2754	188	2942	-			
Hypertension	659	181	840				
Total	3413	369	3782				

Prevalence =

$$OR = \frac{1}{\text{Prevalence}}$$

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### # with disease

### # examined at baseline

Prevalence<sub>exposed</sub>  $(1 - \text{Prevalence}_{\text{exposed}})$ ce<sub>unexposed</sub>  $(1 - \text{Prevalence}_{\text{unexposed}})$ 



Odds Ratio of ILI in younger group vs. older group.

Age	No ILI	ILI	Total
≤ 44 years	703	522	1225
> 44 years	256	94	350
Total	959	616	1575

$$OR = \frac{\frac{522}{1225}}{\frac{94}{350}} = \frac{0.426}{0.269} = \frac{0.426}{0.269} = 2.02$$

Prevalence =

$$OR = \frac{1}{\text{Prevalence}}$$

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### influenza-like illness

### # with disease

### # examined at baseline

Prevalence<sub>exposed</sub>  $(1 - \text{Prevalence}_{\text{exposed}})$ ceunexposed  $(1 - \text{Prevalence}_{\text{unexposed}})$ 



Relative Risks and Odds Ratios

Not possible to estimate relative risk in case-control studies.

Possible to estimate odds ratio because of its invariance property.







Invariance Property of Odds Ratios

Case-control study to assess association between smoking and cancer.

<b>TABLE 3–6</b> Smoking and Cancer			
	Cancer (Case)	No Cancer (Control)	Total
Smoker	40	29	69
Nonsmoker	10	21	31
Total	50	50	100

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Invariance Property of Odds Ratios

Odds ratio for cancer in smokers versus nonsmokers

= (40/29) / (10/21) = 2.90

Odds of smoking in patients with cancer versus not

= (40/10) / (29/21) = 2.90(!)

TABLE 3–6 Smoking and CancerCancerNo Cancer(Case)(ConSmoker402Nonsmoker102Total505



## Cancer No Cancer (Control) Total 29 69 21 31 50 100



# **Questions?**







## Homework 3

Read Chapter 3.

Problems # 1, 5, 7, 13





